



## **CAREERS**

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### ***Occupational Therapist – Mental Health Program***

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Block Building Therapies is an Occupational Therapy clinic that provides assessment and rehabilitation services to youths and adults with physical, cognitive, and mental health diagnoses. Our therapists and staff are offered competitive compensation, as well as opportunities for paid continuing education and training. Therapists have the ability to work flexible hours while working from home, the clinic, or community-based environments.

#### **POSITION OVERVIEW:**

As an Occupational Therapist at Block Building Therapies you will be part of a clinical team that provides Mental Health Services across the healthcare continuum to support and promote recovery. Through collaboration and partnership with social services and community sectors, you will have a particular focus on promoting mental health and well-being in clients' homes, work or community. Our Occupational Therapists are trained in carrying out Reactivation and Exposure Therapy programs by providing education, coping strategies and remedial skills to be more independent and successful in daily activities. You would also have the opportunity to participate in assisting clients overcome anxiety that affects their ability to drive in the community as part of our Driver Anxiety Program. Involvement in the Adult ADHD program may be part of this position.

#### **QUALIFICATIONS & SKILLS**

- Master's degree or equivalent entry level requirement in Occupational Therapy.
- Active registration with the College of Occupational Therapists of Manitoba (COTM).
- Membership and insurance with CAOT.
- Experience and knowledge in providing Mental Health Services is mandatory for this position.
- Have worked with populations who have a formal mental health diagnosis such as Depression, Anxiety, Bipolar, PTSD, ADHD, Autism/FASD.
- Training or experience in CBT or DBT is an asset for this position.
- Use of mental health assessments and resources is preferred.
- Possess excellent communication skills with an ability to multi-task and prioritize.
- Remain up to date on documentation/case notes both in paper file and on our secure online portal.
- Proficiency in Microsoft Office 365 application, including Outlook, Teams, etc.
- Demonstrate effective decision-making and problem-solving skills.
- Must demonstrate proficient organizational and time management skills.
- Knowledge and understanding of clinical reasoning skills and evidence-based practice.

**Please submit your cover letter and resume to [info@blockbuilding.ca](mailto:info@blockbuilding.ca)**